

Insurance Update

I am giving a quick update on the ever-changing insurance market. Benefits Enrollment season is upon us! I want you to have the most information that you can when selecting a plan. If you decide that a dental insurance plan just isn't for you, there are always cash discounts available, and I am also working on a membership discount plan within the practice.

Starting in January 2023, we will be participating **in-network providers** for the following plans :

Metlife
Cigna
Delta Dental **Premier** (**Not PPO!*)
Superior Dental

The only two insurance plans we are dropping are **Dental Care Plus (since 4/28/22) and Delta Dental PPO**. If you have other out-of-network plans (examples: Anthem, Aetna, Humana, etc.), then you shouldn't see any changes.

MANY insurance companies offer out-of-network benefits that are very similar to in-network. It might be a small difference in your out of pocket cost. I encourage you to check on out-of-network coverage – it might work for you!

Insurance companies have been downgrading and denying benefits more and more often. Rising costs have made it unsustainable to remain contracted with several insurance companies. I don't want any of my patients to be financially burdened, and I also don't want to compromise the quality of care that you are receiving. The decision to drop some of our participating plans was not made lightly, and I am truly sorry for making things harder on you.

We are here for you and any questions you may have. I hope to see many of you at the practice in the coming months!

Lindsey Willoughby DMD